

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Adele Pienaar**

Has successfully participated & completed the

**5km Four Seasons @ the Cowhouse - Summer**

held at Cowhouse Market.

**TIME 01:32:41**

**PACE 18:31/km**

**GENDER 85 of 89**

**OVERALL 137 of 145**

**OPEN 48 of 50**

26 January 2019, Sat

Date



*BoutTime*

Signature

